

# Facts *about* Ebola in the U.S.

You can't get Ebola  
through air



You can't get Ebola  
through water



You can't get Ebola  
through food



You can only get Ebola from:

- Touching the blood or body fluids of a person who is sick with or has died from Ebola.
- Touching contaminated objects, like needles.
- Touching infected animals, their blood or other body fluids, or their meat.

If you have questions related to Ebola please call the Tennessee Department of Health Hotline at **1-877-857-2945** or visit <http://health.state.tn.us/Ceds/ebola.htm>.



**Metro Public Health Dept**  
Nashville/Davidson County  
Protecting, Improving, and Sustaining Health

